

November 15, 2019



OSMAP Update

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President, The Physicians Foundation



Areas of Focus

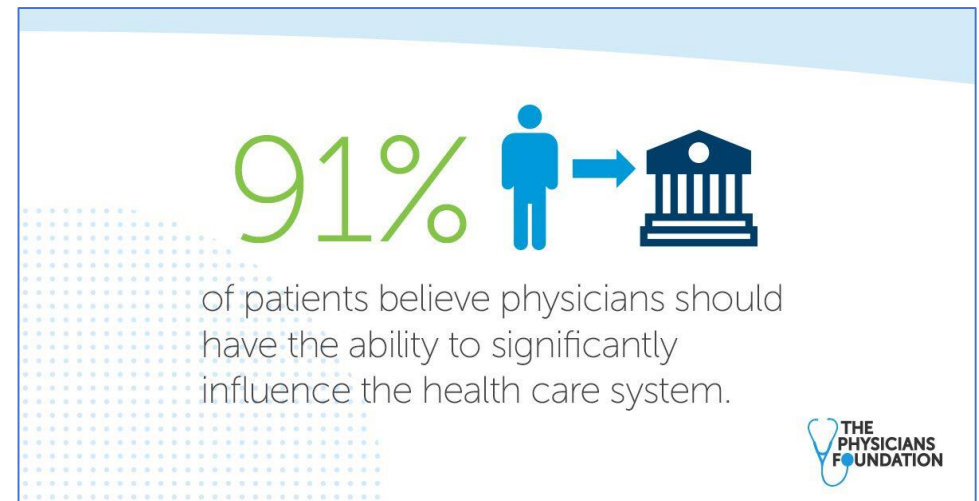
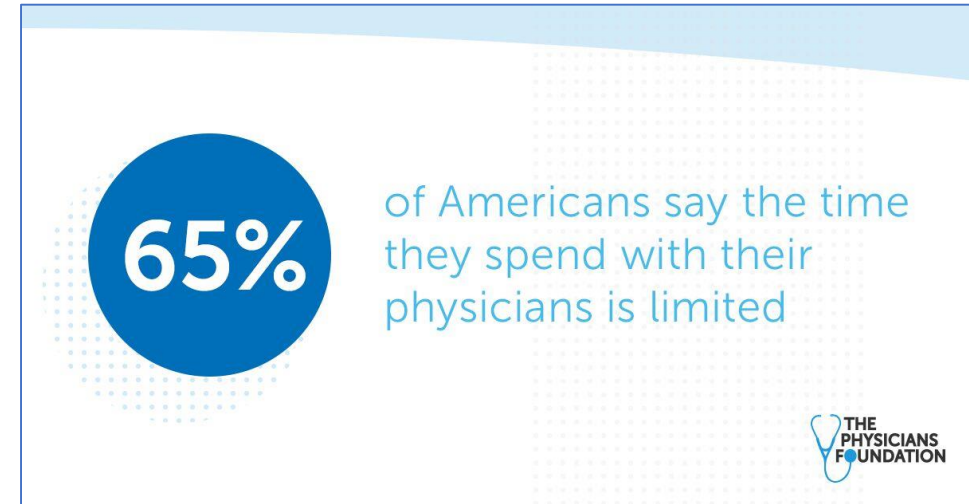
OSMAP 2019

- 2019 Survey of America's Patients
- Physician Wellbeing



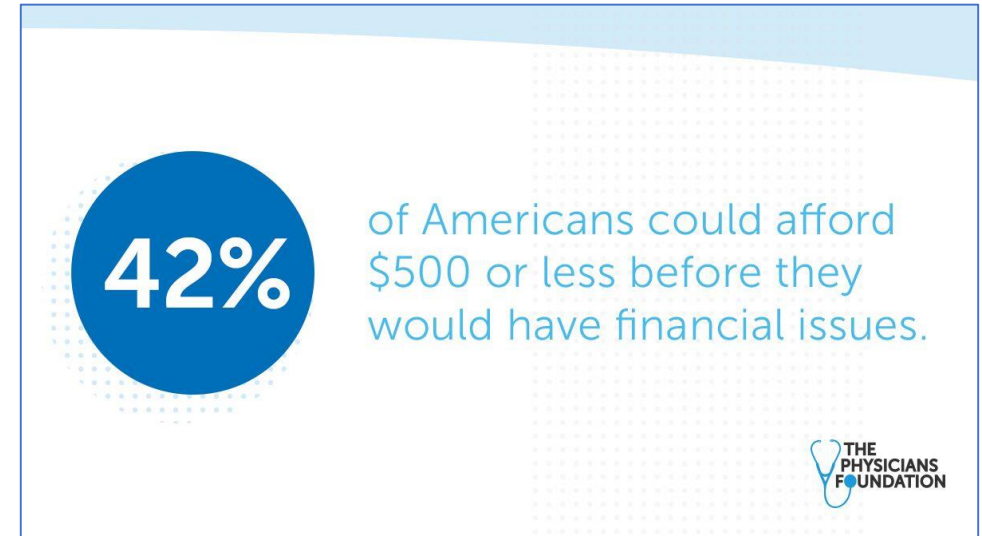
The Physicians Foundation's 2019 Survey of America's Patients

- Evaluated attitudes of 2,000+ patients on the physician-patient relationship, the cost of health care and key drivers of health care outcomes, such as social determinants of health and the opioid epidemic.
- In addition to the **physician-patient relationship**, patients are concerned about:
 - **Cost**
 - **Politics**
 - **Opioids**



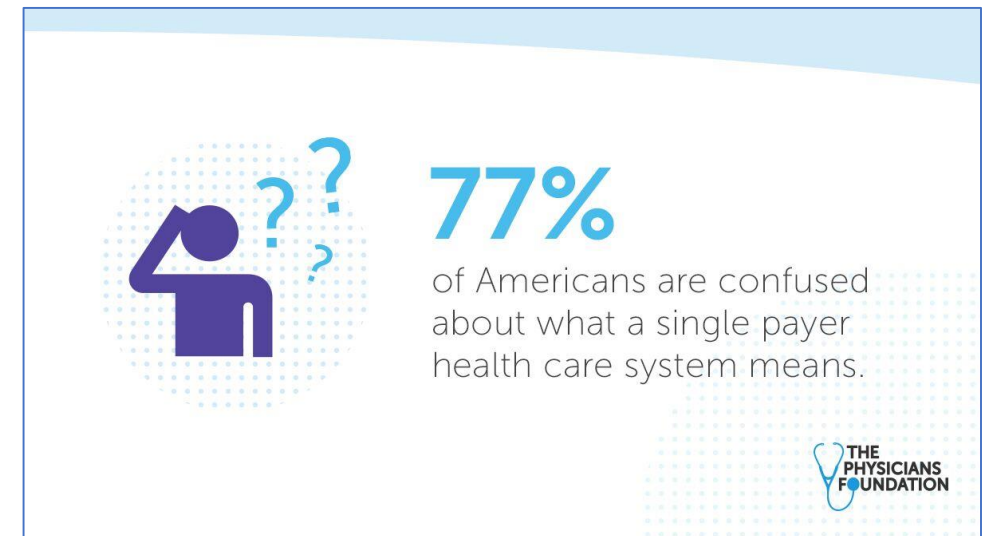
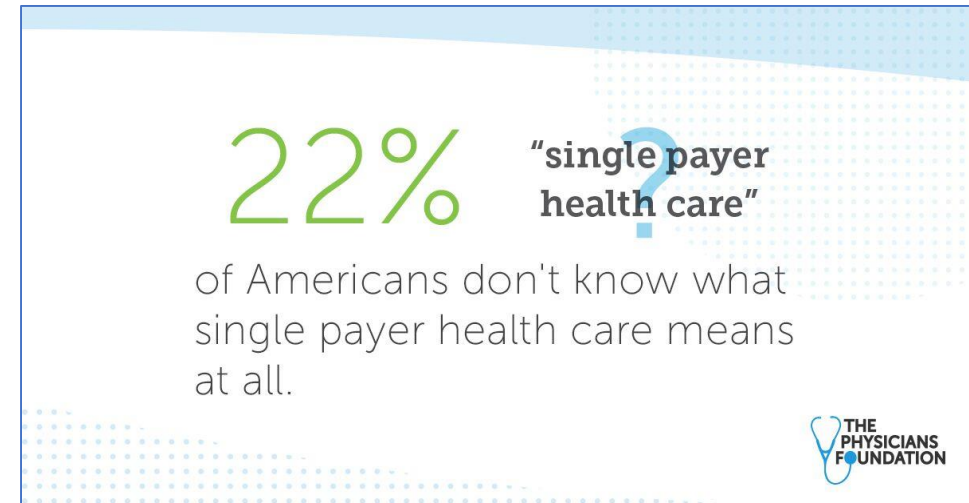
The Most Pressing Things on Patients' Minds: Cost

- **73% of Americans** are concerned about their ability to pay for medical treatment if they were to get sick or injured and **half** of Americans say they feel they are one sickness away from being in serious financial trouble.
 - **42% of Americans** could afford **\$500 or less** before they would have financial issues.
- **84% of Americans** say they are concerned about how much health care costs will affect them in the future.
- **86% of Americans** say cost and **72%** say waiting for insurance pre-approvals negatively impact patient care.



The Most Pressing Things on Patients' Minds: **Politics**

- **22% of Americans** don't know what single payer health care means at all.
 - **77%** cannot agree on one definition.
- **55% of Americans** are more likely to vote for a presidential candidate who advocates for expanding private insurance reforms.
- **62% of Americans** say rising health care costs are due to cost of prescription drugs, while **49%** point to hospital costs.



The Most Pressing Things on Patients' Minds: Opioids

- **35% of Americans** know someone who has abused or is addicted to opioids.
 - **21%** know someone who has died because of opioid use.
- **60% of Americans** believe rehabilitation is an essential health care service, while **45%** believe care for substance abuse is essential.
- **53% of Americans** say pharmaceutical companies are most responsible for the opioid epidemic... while **two in five (39%)** say physicians are most to blame.
 - Even though data from the 2018 Survey of America's Physicians found that **69%** of physicians are prescribing fewer pain meds.



Physician Wellbeing

- The “Practice Transformation Initiative” in partnership with our AMA
- Vital Signs Awareness Campaign

Practice Transformation Initiative

Solutions for Increasing Joy in Medicine

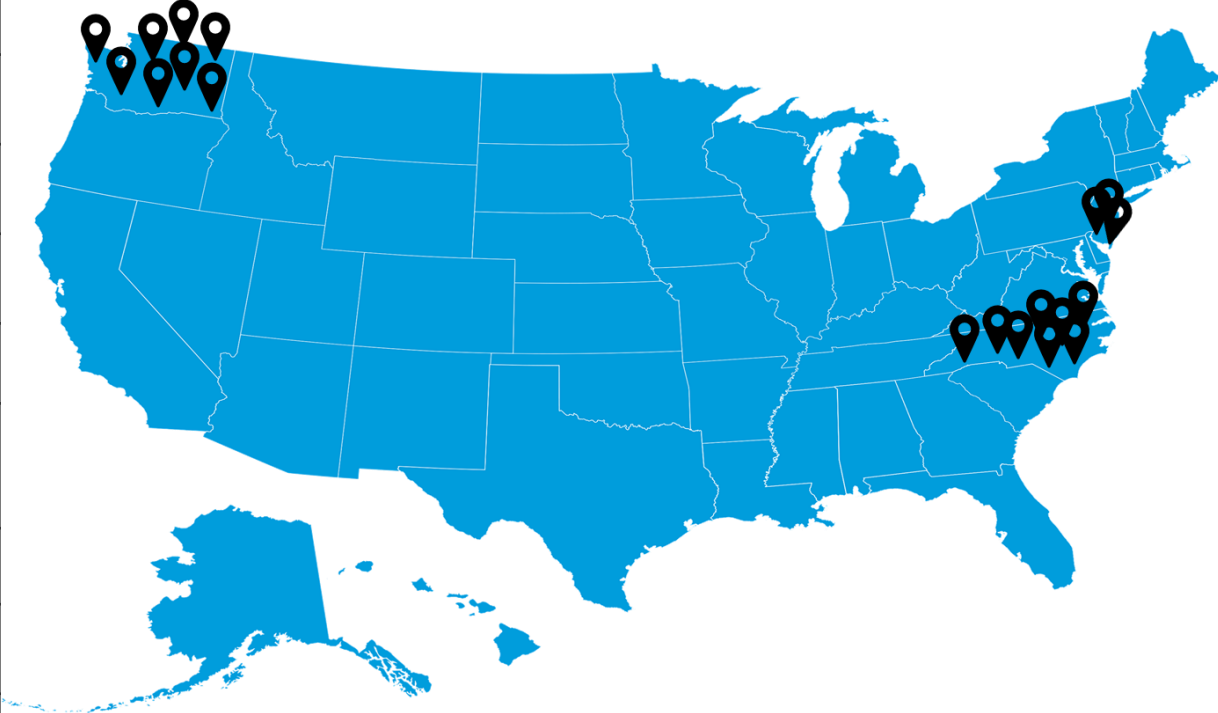


Program Objectives

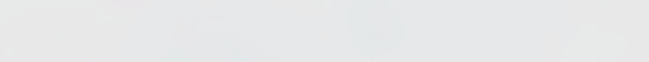
- **Reduce clinician burnout** by furthering practice transformation research focused on evidence-based interventions
- **Collaborate and learn from health systems** committed to assessing clinician satisfaction and its correlation to workflow design and practice efficiency
- **Foster a network of organizations** implementing evidence-based solutions, sharing best practices and driving sustainable change to improve Joy in Medicine

2019 Participating Organizations

North Carolina Medical Society	Washington State Medical Association	Medical Society of New Jersey
Boice-Willis Clinic	Allegro Pediatrics	St. Peter's Medical Associates
Cancer Care of Western NC	Evergreen Health Medical Group	Lifeline Medical Associates
Catawba Valley Family Medicine	Family Care Network	Hackensack / Meridian Health
Chatuge Family Practice	Kaiser Permanente	
Novant health Durham Internal Medicine Associates	MultiCare Health System	
Piedmont Health Services	The Everett Clinic	
Wake Emergency Physicians	UW Valley Medical Center	
Wilmington Health Associates	Virginia Mason	



**19 participating organizations*



Practice Transformation Interventions

Each practice site selected one of three interventions to implement over the course of their project engagement.

- **Pre-visit planning** - Scheduling patients for future appointments at the conclusion of each visit, arranging for pre-visit lab testing, gathering the necessary information for upcoming visits, and spending a few minutes to huddle and handoff patients.
- **Pre-visit laboratory testing** – Ordering patient laboratory tests for completion before upcoming appointments. This gives physicians the opportunity to discuss results with patients at their visit, eliminating the need to review results later, and coordinate follow-up care.
- **Synchronized annual prescription renewal** – Process of renewing all of a patient's stable medications for the typical maximum duration of 12 to 15 months.

AMA physician coaches hosted a series of virtual meetings with practice sites to describe the interventions in detail and to provide coaching to sites as they implemented their interventions. These virtual meetings also allowed practice sites to connect with one another and share learnings and pain points.

Mini Z Burnout Survey

- 10-item survey used to assess rates of burnout within practice sites
- Survey was customized across each participating state to include demographic information from survey respondents
- Survey deployed in Fall 2019 to control and intervention groups of the practice sites to gather **baseline** measurements; distributed to over 3500 physicians
- Survey will be deployed **post-intervention** (Spring 2020) to **assess changes** in burnout and professional well-being
- Each state medical association will receive aggregate data from across their cohort and comparison data to the national benchmark from the AMA well-being data lab

Physician Wellbeing

- Physicians have the **highest suicide rate** of any profession and **more than twice** that of the general population. It's estimated that one million Americans lose their physician to suicide each year.
- To recognize National Physician Suicide Awareness Day, we launched **Vital Signs** to help raise greater awareness about the physician suicide epidemic and to provide physicians the tools to attend to their own wellbeing.
 - Vital Signs is designed to empower physicians, their colleagues and loved ones, to check in on one's another's wellbeing.



Physician Wellbeing

- In September during Vital Signs launch, we:
 - Published commentaries in [KevinMD](#), *Saving a physician from burnout saves patients too*, and [The Hartford Courant](#), *Physicians have the highest suicide rate of any profession. Why aren't we talking about it?*
 - Engaged with physicians directly at the American Conference on Physician Health
 - Garnered engagement from **14+** county and state medical societies
 - Received **2,000+** people visiting the Vital Signs webpage to learn more to attend to their wellbeing



Join Us in Preventing Physician Suicide

- We invite you to share this campaign via events, listservs, social channels or on your website. If you do share the campaign, please let us know and if sharing on social media, mention @PhysiciansFound on Twitter and @The Physicians Foundation on LinkedIn.
- **Share a Piece of Your HEART:** Share Vital Signs with your networks to help others learn the warning signs to look for in someone who may be suicidal. [With the HEART acronym, we hope to help you easily remember these signs.]
 - [Vital Signs](#)
 - [Handout](#)
 - [Shareable social media content](#)
 - [A Newsy Investigation Documentary: Unspoken: Doctor Depression and Suicide](#)
- **Open Your HEART:** Check in with colleagues and loved ones and support them when needed.
 - [Conversation Starter](#)
 - physiciansfoundation.org/vitalsigns

Coming Attractions:

*The 2020 Survey of
America's Physicians*



Thank You!

