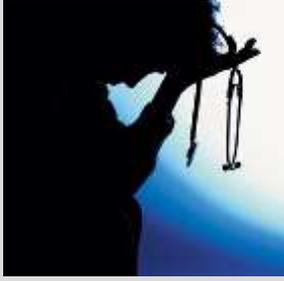


THE FORUM FOR MEDICAL AFFAIRS



RECLAIMING THE JOY IN MEDICINE: PERSONAL PRACTICES AND SYSTEMIC APPROACHES FOR SUCCESS

Sunday, November 12, 2017

1:00 p.m. – 4:00 p.m.

Hawaii Convention Center

Room 316A

Honolulu, Hawaii

Research shows that over half of US physicians report symptoms of burnout, including emotional exhaustion, detachment and a low sense of accomplishment. This epidemic of stress has far-reaching impacts. It affects health care safety and patient care, in addition to employee satisfaction and engagement. It also leads to workforce shortages and consequent staffing challenges. We will explore some of the leading factors that contribute to burnout and share a variety of techniques, programs and resources to promote wellbeing, engagement, and joy in the practice of medicine. Through physician leadership as well as personal intention and focus, we can “reclaim” our joy. We physicians are smart, motivated, and relentlessly committed to improvement science.

Objectives:

At the conclusion of this program the participants will:

- Have the skills to recognize symptoms of stress & burnout;
- Understand skills that can be used to reduce stress & burnout;
- Identify resources for support and strategize an ongoing plan for intervening with symptoms;
- Create an active, sustainable mental health well-being plan; and
- Learn personal and organizational practices for enhancing resiliency.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the NORCAL Mutual Insurance Company and the FORUM for Medical Affairs. NORCAL Mutual Insurance Company is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education credit for physicians.

NORCAL Mutual Insurance Company designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.



SIDE EFFECTS

Michael Milligan

“Side Effects,” a one-man play written and performed by Michael Milligan, is a timely examination of the side effects of practicing medicine in American today.

Milligan’s Broadway credits include August: Osage County, La Bete, and Jerusalem.



RECLAIMING THE JOY

Laurie Drill-Mellum, MD

As an MD, with an MPH and more than 25 years as a practicing emergency medicine physician, Dr. Drill-Mellum

learned about burnout firsthand. In her current role as Chief Medical Officer of Constellation, a partnership of Medical Professional Liability companies, she is highlighting the importance of the “Quadruple Aim,” caring for those who care for others, as a key influencer for the “Triple Aim” of improving population health, decreasing health care costs, and improving the patient experience.

PANEL DISCUSSION/Q&A

Moderator:

Barbara L. McAneny, MD

AMA President-elect

Panel:

Ryan Ribera, MD, MPH

Resident Member, AMA Board of Trustees

Laurie Drill-Mellum, MD, MPH

Michael Milligan

The FORUM for Medical Affairs

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